

IYACHAMY ACADEMY

VINAITHITPAM 2026

BEGINNER TRACK – 24-Week Micro-Topic Schedule

TNPSC Group-I Prelims | Day-by-Day Syllabus Breakdown

"வினைத்திட்டம் என்பது ஒருவன் மனத்திட்டம்"

PHASE OVERVIEW: Wk 1-7 Polity (40Q, 20%) → Wk 9-14 Economy (50Q, 25%) → Wk 15-18 TN History (40Q, 20%) → Wk 19-20 History (25Q) → Wk 21 Aptitude (25Q) → Wk 22 Geo+Sci (20Q, LOW) → Wk 23-24 Mocks

Unit IV: Indian Polity (40Q – 20%)-PHASE -1 SCHEDULE WEEK 1

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	<p>Historical Background of the Constitution – Making of the Constitution – Objective Resolution Constituent Assembly: Composition, Committees (Drafting, Union Powers, FR) Key members: Dr. Ambedkar, Nehru, Patel, Rajendra Prasad Timeline: 1946-1950</p>	Daily Notes Will be Provided	Workbook Practice
Day 2	<p>Preamble to the Constitution – Text of the Preamble – keyword analysis Sovereign, Socialist, Secular, Democratic, Republic – meaning of each Justice (Social, Economic, Political), Liberty, Equality, Fraternity 42nd Amendment (1976) – added Socialist, Secular, Integrity Berubari Union case, Kesavananda Bharati case – Preamble as part of Constitution?</p>	Daily Notes Will be Provided	Workbook Practice

<p>Day 3</p>	<p>Salient Features of the Constitution – Longest written Constitution (395 Articles, 12 Schedules originally) Blend of rigidity & flexibility Federal structure with unitary bias Parliamentary form of government Synthesis of parliamentary sovereignty & judicial supremacy Integrated & independent judiciary Single citizenship Universal adult franchise Three-tier government (73rd/74th Amendments)</p>	<p>Daily Notes Will be Provided</p>	<p>Workbook Practice</p>
<p>Day 4</p>	<p>Sources of the Constitution – British: Parliamentary system, Rule of Law, CAG, Writs US: Fundamental Rights, Judicial Review, Independence of Judiciary Irish: DPSP, Election of President, Rajya Sabha nomination Canadian: Federation with strong Centre, Residuary powers Australian: Concurrent List, Joint Sitting, Freedom of Trade German: Emergency provisions South African: Amendment procedure Japanese: Procedure established by law USSR: Fundamental Duties, Five Year Plans</p>	<p>Daily Notes Will be Provided</p>	<p>Workbook Practice</p>
<p>Day 5</p>	<p>Schedules & Parts of the Constitution – 12 Schedules: What each contains (focus on 1st, 7th, 8th, 9th, 10th) Parts I to XXII overview Important Articles at a glance: Art 1-4, 12-35, 36-51, 51A Amendments overview: 1st, 7th, 42nd, 44th, 52nd, 73rd, 74th, 86th, 97th, 101st, 104th</p>	<p>Daily Notes Will be Provided</p>	<p>Workbook Practice</p>
<p>Day 6</p>	<p>REVISION</p>	<p>Own Notes</p>	
<p>Day 7</p>	<p>WEEKLY TEST</p>		<p>WEEKLY TEST 150 MCQ</p>

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	<p>Union & its Territory (Art 1-4) – Art 1: India that is Bharat – Union of States Art 2: Admission/establishment of new states Art 3: Formation of new states, alteration of boundaries Art 4: Laws under Art 2-3 not amendments Difference between 'Union' and 'Federation' Recent: J&K reorganisation (Art 370 abrogation)</p> <p>States & Union Territories – Current list: 28 States + 8 UTs How new states are created (Parliament's role, not state consent needed) Historical evolution: States Reorganization Act 1956, Linguistic states Recent changes: Telangana (2014), J&K/Ladakh (2019) Special status: Art 371 (NE states)</p>	Daily Notes Will be Provided	Workbook Practice
Day 2	<p>Citizenship (Art 5-11) – Art 5: At commencement (1950) Art 6: Persons migrated from Pakistan Art 7: Persons migrated to Pakistan but returned Art 8: Indians residing abroad Art 9: Voluntarily acquiring foreign citizenship Art 10: Continuance of citizenship Art 11: Parliament's power to regulate</p> <p>Citizenship Act 1955 & Amendments – Acquisition: Birth, Descent, Registration, Naturalisation, Incorporation Loss: Renunciation, Termination, Deprivation Single citizenship concept OCI (Overseas Citizen of India) – not dual citizenship CAA 2019: Key provisions, controversy, which countries, which religions NRC issue</p>	Daily Notes Will be Provided	Workbook Practice

	Citizenship – Practice & Application – PYQ analysis: How citizenship is asked in TNPSC Tricky scenarios: Person born abroad to Indian parents, NRI voting rights Constitutional vs statutory provisions Art 11: Parliament can make any law – can it take away FR of citizen?		
Day 3	Constitutional Amendments	Daily Notes Will be Provided	Workbook Practice
Day 4	Emergency Provisions	Daily Notes Will be Provided	Workbook Practice
Day 5	Introduction to Fundamental Rights – Part III (Art 12-35): Inspired by US Bill of Rights Art 12: Definition of 'State' – who is bound by FR? Art 13: Laws inconsistent with FR are void 6 categories of FR (originally 7, Right to Property removed by 44th Amd) Difference: FR vs ordinary legal rights Justiciable nature – can approach SC under Art 32	Daily Notes Will be Provided	Workbook Practice
Day 6	REVISION	Own Notes	
Day 7	WEEKLY TEST		WEEKLY TEST 150 MCQ

WEEK 3

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	Right to Equality (Art 14-18) – Art 14: Equality before law + Equal protection of laws Art 15: Prohibition of discrimination (religion, race, caste, sex, place of birth) Art 15(3): Special provision for women & children Art 15(4)&(5): Reservation provisions Art 16: Equality of opportunity in public employment	Daily Notes Will be Provided	Workbook Practice

	<p>Art 17: Abolition of Untouchability Art 18: Abolition of titles Key cases: Indra Sawhney, M. Nagaraj</p>		
Day 2	<p>Right to Freedom (Art 19-22) – Art 19: 6 freedoms – Speech, Assembly, Association, Movement, Residence, Profession Reasonable restrictions on each (Art 19(2)-(6)) Art 20: Protection against conviction (ex post facto, double jeopardy, self-incrimination) Art 21: Right to Life & Personal Liberty – expanded meaning Art 21A: Right to Education (86th Amendment) Art 22: Protection against arrest & detention (preventive detention)</p>	Daily Notes Will be Provided	Workbook Practice
Day 3	<p>Right against Exploitation + Right to Religion – Art 23: Prohibition of traffic in human beings & forced labor Art 24: Prohibition of child labor (below 14 in factories/mines) Art 25: Freedom of conscience, free profession & practice of religion Art 26: Freedom to manage religious affairs Art 27: Freedom from taxation for religious promotion Art 28: Freedom from religious instruction in state-funded institutions Secularism: Indian model vs Western model</p>	Daily Notes Will be Provided	Workbook Practice
Day 4	<p>Cultural & Educational Rights + Right to Constitutional Remedies – Art 29: Protection of interests of minorities Art 30: Right of minorities to establish educational institutions Art 30(1A): Compensation for acquisition of minority property Art 32: Right to Constitutional Remedies – 'Heart & Soul' of Constitution (Ambedkar) 5 Writs: Habeas Corpus, Mandamus, Prohibition, Certiorari, Quo Warranto Art 32 vs Art 226 (SC vs HC) Art 33-35: Parliament's power to modify FR for armed forces</p>	Daily Notes Will be Provided	Workbook Practice
Day 5	<p>Directive Principles of State Policy (Art 36-51) – Part IV: Inspired by Irish Constitution</p>	Daily Notes Will be Provided	Workbook Practice

	Non-justiciable but fundamental in governance Art 36-37: Definition, Application Socialist Principles: Art 38, 39, 39A, 41, 42, 43, 43A, 47 Gandhian Principles: Art 40, 43, 46, 47, 48 Liberal-Intellectual: Art 44, 45, 48, 48A, 49, 50, 51		
Day 6	REVISION	Own Notes	
Day 7	WEEKLY TEST		WEEKLY TEST 150 MCQ

WEEK 4

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	DPSP vs FR + Fundamental Duties – FR vs DPSP: Justiciable vs Non-justiciable, Negative vs Positive Minerva Mills case: Harmony between FR & DPSP Art 51A: 11 Fundamental Duties (added by 42nd Amendment) List all 11 duties – 11th duty added by 86th Amendment (education of child) Swaran Singh Committee recommendations Verma Committee on Fundamental Duties	Daily Notes Will be Provided	Workbook Practice
Day 2	Union Executive – President (Art 52-62) – Art 52: President of India Art 54-55: Election – Electoral College, value of votes formula Art 56-57: Term, eligibility for re-election Art 58: Qualifications Art 61: Impeachment procedure Powers: Executive, Legislative, Financial, Judicial, Emergency, Diplomatic Ordinance power (Art 123) Veto powers: Absolute, Suspensive, Pocket	Daily Notes Will be Provided	Workbook Practice

Day 3	Vice President + Prime Minister + Council of Ministers – Art 63-71: Vice President – Election, removal, role as Rajya Sabha Chairman Art 74-75: PM & Council of Ministers Art 74: Aid & advice (42nd & 44th Amendments) Art 75: Appointment, oath, salary, collective responsibility Categories: Cabinet, Minister of State, Deputy Minister No-confidence motion, vote of confidence	Daily Notes Will be Provided	Workbook Practice
Day 4	Attorney General + CAG – Art 76: Attorney General – appointment, duties, rights, limitations Art 148-151: CAG – appointment, independence, duties CAG: Guardian of public purse Reports to Parliament Difference: AG vs Advocate General (state level) Current holders (search latest)	Daily Notes Will be Provided	Workbook Practice
Day 5	Parliament – Structure & Composition – Art 79: Parliament = President + Rajya Sabha + Lok Sabha Lok Sabha: 545 members (530 states + 20 UTs + 2 Anglo-Indian – now removed 104th Amd) Rajya Sabha: 250 members (238 elected + 12 nominated) Art 80-81: Composition details Qualifications, Disqualifications (Art 84, 102) 10th Schedule: Anti-defection law	Daily Notes Will be Provided	Workbook Practice
Day 6	REVISION	Own Notes	
Day 7	WEEKLY TEST		WEEKLY TEST 150 MCQ

WEEK 5

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	Sessions, Quorum & Presiding Officers – Sessions: Budget, Monsoon, Winter – President summons Art 85: Prorogation, Adjournment, Dissolution Quorum: 1/10th of total members Speaker (Art 93): Election, removal, role, casting vote Deputy Speaker, Chairman of RS, Deputy Chairman Pro-tem Speaker Leader of Opposition	Daily Notes Will be Provided	Workbook Practice
Day 2	Legislative Procedure – Types of Bills – Ordinary Bill, Money Bill (Art 110), Financial Bill (Art 117), Constitution Amendment Bill (Art 368) Money Bill: Speaker certifies, RS has 14-day limit, no joint sitting Ordinary Bill: Introduced in either house, disagreement → Joint Sitting (Art 108) Art 109: Special procedure for Money Bills Art 110: Definition – what is and isn't a Money Bill Stages: Introduction, Committee, Discussion, Voting, Other House, President	Daily Notes Will be Provided	Workbook Practice
Day 3	Parliamentary Committees & Devices – Standing Committees: Estimates, Public Accounts (PAC), Committee on Public Undertakings Ad-hoc Committees: Select, Joint Parliamentary PAC: Chaired by Opposition member Devices: Question Hour, Zero Hour, Calling Attention, Adjournment Motion No-Confidence Motion vs Censure Motion Budget session: General discussion → Departmental → Guillotine → Appropriation Bill	Daily Notes Will be Provided	Workbook Practice
Day 4	Parliamentary Privileges & Sovereignty – Art 105: Freedom of speech, immunity from court proceedings Art 122: Courts cannot inquire into proceedings Breach of privilege	Daily Notes Will be Provided	Workbook Practice

	Parliamentary sovereignty vs Judicial review Art 368: Constitutional Amendment – types of majority Special majority, Absolute majority, Simple majority, Effective majority Recent amendments: 101st (GST), 103rd (EWS), 104th (Anglo-Indian)		
Day 5	Governor (Art 153-167) – Appointment by President (Art 155), Qualifications (Art 157) Term: 5 years, holds office at pleasure of President Powers: Executive, Legislative, Financial, Judicial Discretionary powers: Reserving bills, Recommending President's Rule Art 163: Council of Ministers to aid & advise Governor Controversies: Misuse of Governor's office, Sarkaria Commission	Daily Notes Will be Provided	Workbook Practice
Day 6	REVISION	Own Notes	
Day 7	WEEKLY TEST		WEEKLY TEST 150 MCQ

WEEK 6

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	Chief Minister & State Council of Ministers – Art 163-164: Appointment, oath, collective responsibility CM as real executive head State Cabinet: Formation, functioning Art 167: Duties of CM (communicate decisions, furnish info) Advocate General (Art 165): State equivalent of Attorney General State Public Service Commission State Legislature (Art 168-212) – Unicameral vs Bicameral (only 6 states have Legislative Councils) Vidhan Sabha: Composition, Speaker, sessions Vidhan Parishad: Composition (Art 171), creation/abolition (Art 169)	Daily Notes Will be Provided	Workbook Practice

	Legislative procedure at state level Art 200: Governor's assent to Bills – comparison with President		
Day 2	Federalism Centre-State Legislative Relations (Art 245-255) – Art 245-246: Territorial & subject-wise jurisdiction 7th Schedule: Union List (97), State List (66), Concurrent List (47) Art 248-249: Residuary powers, Parliament's overriding Art 250: During Emergency Art 254: Repugnancy – Centre prevails in Concurrent Recent issues: GST (101st Amd), farm laws debate	Daily Notes Will be Provided	Workbook Practice
Day 3	Centre-State Administrative & Financial Relations – Administrative: Art 256-263 (directions, delegation, water disputes) Financial: Art 264-293 (taxes, grants, Finance Commission) Art 275: Grants-in-aid Art 280: Finance Commission – composition, role GST Council (Art 279A) Inter-State Council (Art 263) Sarkaria, Punchhi Commissions on Centre-State relations	Daily Notes Will be Provided	Workbook Practice
Day 4	Panchayati Raj (73rd Amendment, 1992) – Art 243-243O, 11th Schedule (29 subjects) Three-tier: Gram Panchayat → Panchayat Samiti → Zila Parishad Gram Sabha: Foundation of Panchayati Raj Elections: 5-year term, State Election Commission Reservation: SC/ST (proportional), Women (1/3), OBC (state discretion) Disqualification, Finance Commission for Panchayats PESA Act 1996: Extension to Scheduled Areas	Daily Notes Will be Provided	Workbook Practice
Day 5	Municipalities (74th Amendment, 1992) + TN Panchayat Raj – Art 243P-243ZG, 12th Schedule (18 subjects) Three types: Nagar Panchayat, Municipal Council, Municipal Corporation Ward Committees, Composition, Reservation Tamil Nadu Panchayats Act 1994 – state-specific provisions	Daily Notes Will be Provided	Workbook Practice

	TN local body structure, District Collector's role Recent: Urban local body elections in TN		
Day 6	REVISION	Own Notes	
Day 7	WEEKLY TEST		WEEKLY TEST 150 MCQ

WEEK 7

Day	Micro-Topics to Cover	Resources / Sources	Test / Practice
Day 1	Election Commission & Electoral Process – Art 324-329: Election Commission – composition, independence CEC + ECs: Appointment, removal, tenure Functions: Conduct elections, model code, delimitation Electoral rolls, EVM, VVPAT Art 325-326: Adult suffrage, no discrimination First Past the Post vs Proportional Representation Anti-defection (10th Schedule) – detailed provisions	Daily Notes Will be Provided	Workbook Practice
Day 2	Judiciary – Supreme Court (Art 124-147) – Composition: CJI + 33 judges (current strength) Appointment: Collegium system (Three Judges cases) Art 124: Appointment, Art 124(4): Removal (impeachment) Jurisdiction: Original (Art 131), Appellate (Art 132-134), Advisory (Art 143) Art 137: Review, Art 129: Court of Record Art 141: Law declared by SC binding on all Art 142: Complete justice Judicial Review, Judicial Activism, PIL	Daily Notes Will be Provided	Workbook Practice
Day 3	High Courts + Subordinate Courts + Rule of Law – Judiciary at Gross routes Art 214-231: High Courts – jurisdiction, powers, independence	Daily Notes Will be Provided	Workbook Practice

	<p>Art 226: Writs (wider than Art 32) Art 233-237: Subordinate Courts – District Judge, Sessions Court Lok Adalat, Legal Services Authority Rule of Law: Dicey's concept, Indian adaptation Separation of powers: Legislature vs Executive vs Judiciary Tribunals: Art 323A (Administrative), Art 323B (Others)</p>		
Day 4	<p>Corruption in Public Life & Anti-Corruption Measures – Prevention of Corruption Act 1988 (amended 2018) Central Vigilance Commission (CVC): Statutory body, composition, functions Central Bureau of Investigation (CBI): Origin, Delhi Special Police Act Lokpal & Lokayuktas Act 2013: Composition, jurisdiction, powers Art 309-323: Services under Union & State Whistleblower Protection Act 2014 Right to Information Act 2005 – Background: Freedom of Information Act 2002 → RTI 2005 Key provisions: Sec 2, 3, 4, 6, 7, 8 (exemptions), 19 (appeals) Central/State Information Commissions 2019 Amendment: Salary & tenure of CIC/ICs Limitations of RTI, recent issues Link to Art 19(1)(a): Freedom of speech → right to know</p>	Daily Notes Will be Provided	Workbook Practice
Day 5	<p>Women Empowerment + Consumer Protection – Constitutional provisions: Art 14, 15(3), 16, 39(a)(d), 42, 51A(e), 243D National Commission for Women Act 1990 POSH Act 2013 (Sexual Harassment at Workplace) Domestic Violence Act 2005 Consumer Protection Act 2019: Consumer Disputes Redressal (District, State, National) E-commerce consumer rights Consumer Protection Amendment rules Human Rights + Political Parties + Political System – NHRC: Protection of Human Rights Act 1993 (amended 2006) Composition, functions, limitations</p>	Daily Notes Will be Provided	Workbook Practice

	<p>State Human Rights Commissions</p> <p>Political Parties in India: Recognition (national, state), registration</p> <p>Election symbols, party funding, electoral bonds (SC struck down 2024)</p> <p>Anti-defection law: 10th Schedule – detailed provisions</p> <p>Coalition politics, federal front</p>		
Day 6	REVISION	Own Notes	
Day 7	WEEKLY TEST		WEEKLY TEST 150 MCQ

